## Proteential Education and Training Report (Page 1 of 2)

On September 13th, from 8:10 AM to 11:30 AM, we conducted four interactive education and training sessions with approximately four hundred freshmen and sophomores from Providence Catholic High School. Each session lasted forty-five minutes, with a ten-minute break between Session 2 and Session 3. Students were seated ten per table in the Blanchette Learning Commons (BLC). Throughout the activities, we focused on themes such as self-esteem, personal growth, bullying, kindness, anxiety management, and the importance of fulfilling responsibilities. We also discussed inappropriate behaviors, including defiance and disrespect, and integrated these issues into our scenarios. The overarching goal was to help Providence Catholic High School students develop strong, positive self-images and to provide a model for acceptable standards of conduct in school, life, and community settings.

Program Learning Objectives	Academic Concepts	Social Emotional Learning Concepts
Develop and foster healthy relationships	Reading, Comprehension, Critical Thinking Skills, Vocabulary, Communication & Writing Skills	Self-Awareness, Social Awareness, Self- Management, Relationship Skills and Decision Making
Distinguish between healthy and unhealthy peer interactions and relationships	<ul> <li>Nothing, great message</li> <li>None, keep doing what you're doing</li> <li>Terrific job, even better than last year</li> <li>Engage students more, maybe more scenarios</li> <li>You guys did an awesome job keeping the students engaged!</li> <li>I think everyone should go through this training to be more confident within themselves and be positive to others</li> <li>Hard to hear/hard to follow at times</li> <li>I would have slowed down the pace. Some of the slides and presentation felt rushed. I need more time to absorb and reflect on the excellent material</li> </ul>	
Recognize improper and proper usage of social media		
Identify inappropriate communication and behavior when interacting with other students and staff		
Commit to their education and healthy choices		

Note: A total of nineteen staff members from Providence Catholic High School participated in our survey. Among those surveyed, eight identified as male and eleven as female. The ages of the male staff ranged from 21 to 45, while the ages of the female staff ranged from 23 to 59. Specifically, seven of the eight male staff identified as White (Caucasian), and one identified as Hispanic. Of the eleven female staff surveyed, nine identified as White

(Caucasian) and two identified as Hispanic. On a scale of poor, average, good, and excellent, sixty-one percent of staff rated the training overall as excellent, while thirty-three percent rated it as good. Six percent of staff rated the training as average.

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## Summary Comments (Staff Feedback) cont'd:

- More small group interactions rather than calling on individual students. Maybe each group of tables gets a whiteboard or some way to communicate their answers. They'll feel more comfortable instead of volunteering alone. You could also use a polling activity online for one-word answers
- Maybe give the teachers resources ahead of time to be able to prepare the students
- I always enjoy your presentations and how you relate things to the students
- A bit more interactive for the students
- The students seemed to like it
- Just felt a little repetitive at times
- Obviously, the students seemed very engaged and really benefited from the training
- More time, it felt a little rushed
- Deeper conversations about decisions
- I think his group (Proteential) is so good at getting through to kids. I think they have a great way of interacting and meeting the kids where they are
- 45 min periods over a year doesn't build the relationship that I know this group could have with our kids. I'd love to see them in the community/environment more

**Highlights**: Staff shared with our lead facilitator a positive statement from last year's session being used in the classroom with freshmen. Also, a student shared that the unity clap is being used in the classroom.